



OUR MEDICAL SAFETY PROTOCOLS:

RECOMMENDED MINIMUM MEDICAL STANDARDS OF CARE FOR
TRADITIONAL IBOGA CEREMONIES & CLINICAL IBOGAINE TREATMENTS

www.SoulCentro.com

PRE-RETREAT SCREENING:

Comprehensive medical & psychiatric one-on-one video screening / preparation + detailed health questionnaire.

Comprehensive safety agreement, acknowledged upon registration + hard copy signed onsite, detailing risks and known side effects of the medicine—as well as guest responsibilities with regards to all contraindicated substances and necessary preparations including medically supervised titration and any required preliminary detoxification.

Comprehensive information provided about the medicine on our website and safety agreement to help support **informed consent**.

We offer preparation and navigation resources in our emails, media, and signature Preparation Workbook provided to all retreat guests **with additional preparation resources also noted on our website:** peer

support groups, coaches, and licensed mental health professionals that specialize in psychedelic medicine support.

PRE-RETREAT / ADVANCE REQUIRED LAB & EKG TESTS INCLUDE:

- 12 lead EKG
- CBC (complete blood count)
- Electrolytes
- Magnesium
- Calcium
- Hepatic (liver / metabolic panel)
- Renal (kidney panel)

All medical tests are thoroughly reviewed by qualified medical professionals who are highly experienced with the Iboga medicine.

ONSITE MEDICAL TESTS INCLUDE:

- Vitals and Body's Systems assessments are checked onsite prior to each ceremony
- Pulse and oxygen levels are assessed throughout the ceremony to remain in a normal range
- 6 lead EKG onsite prior to each ceremony with advance request

ONSITE SAFETY PROTOCOLS:

A qualified medical professional is available onsite throughout the time the medicine is active, up to 48 hours or more post ceremony.

AED (Automatic Electronic Defibrillator) is stored and accessible onsite.

Emergency medications and IV equipment are stored onsite.

The time and administration of plant medicine are precisely documented on a medical flow chart, along with a detailed Input and Output chart (all fluids, purging and bathroom eliminations) to regulate electrolyte balance for each guest safely throughout each ceremony and retreat session.

The Holy Root is carefully sourced through sacred relationships and personally tested for quality and purity. We do not serve "dark web" medicine or random sources.

QUALIFIED MEDICAL SUPPORT:

>>> **It is imperative to have qualified medical support onsite 24/7 for a minimum of 48 hours post-ingestion of medicine** because the medicine is active for this time period.

For both screening & onsite support, the medical professional must have **ACLS certification training** (Advanced Cardiac Life Support) and

have extensive knowledge + experienced with:

- All drug, herbal/supplement, medical, & psychiatric contraindications to Iboga
- If working with the total alkaloid Iboga, the medical professional must understand the additional considerations and contraindications for Iboga that are varied from Ibogaine
- The Body's Systems: circulatory, respiratory, skeletal, digestive, and nervous
- Psychiatric assessments
- Titration preparation
- Inclusion and Exclusion Criteria
- Alcohol withdrawal
- Benzodiazepine withdrawal
- Opioid withdrawal
- Stimulant withdrawal
- Serotonin Syndrome
- Critical interventions
- Dosing criteria: different for ibogaine and organic total alkaloid Iboga

POST RETREAT:

Out-take information provided regarding continuing drug, herb/supplement, and psychoactive medicine contraindications for the 2 weeks following ceremonies.

We offer our signature Integration Playbook to all retreat guests with additional integration resources also noted on our website: peer support groups, coaches, and licensed mental health professionals that specialize in psychedelic medicine support.

We are always available to our guests for any medical, psychological, or spiritual questions that arise post-retreat.

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