



# SOULCENTRO

## SPA MENU

Featuring certified therapists + organic, local products.

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### FACIALS

40-45 min \$45 US

Includes: Cleansing, exfoliation, steam, blackhead removal, tonic, personalized mask; face and shoulder massage, serum, & sunscreen.

### RELAXATION MASSAGE

1 hr \$60 US

1.5 hr \$70 US

### HOT STONE MASSAGE

1 hr \$80 US

1.5 hr \$90 US

### DEEP TISSUE MASSAGE

1 hr \$60 US

1.5 hr \$70 US

### CANDLE MASSAGE

1 hr \$80 US

1.5 hr \$90 US

Massage candles melt into oil that gently penetrates the skin, leaving it feeling smooth and moisturized. Massage candles offer anti-ageing properties and health benefits for the skin. The aroma uplifts the mood making one feel very content and calm. (There is NO paraffin in these candles.)

### AROMATHERAPY MASSAGE

1 hr \$70 US

Massage with essential oils.

1.5 hr \$80 US

### PINDAS MASSAGE

1 hr \$80 US

1.5 hr \$90 US

Pinda is a hot poultice made of linen, which is filled with medicated herbs are then warmed and pressed over the body using massage strokes from head to foot. The heat from the bags working together with the herbs and oil is great for relieving muscle pain.